



Ed Gutfreund is a licensed Professional Counselor and a licensed Massage Therapist. He teaches in both professions.

His approach to integrative therapy, described in this brochure, is the result of years of education and personal study in human development and spirituality, Myofascial Therapy, Rhythmical Massage, Anthroposophical Psychoscopy and movement as a basis for hands-on bodywork. Along with a Masters Degree in Counseling, he completed extensive courses for treating trauma and developmental issues at the Sensorimotor Psychotherapy Institute (formerly Hakomi Somatics). He continues his studies with SPI.

His work of integrating these therapies with careful listening, provides his clients with a supportive, clinically effective form of therapeutic bodywork and in-depth psychotherapy.

As a musician, potter, photographer and poet, he relies on the creative process for his own development and as a prime tool in collaborating with his clients.

Professional Services Available:

- Individual, couples & group therapy
- General Massage and Myofascial Therapy
- Rhythmical Massage for children
- Therapists' support groups
- Retreats for groups or organizations
- Presentations and Workshops:
 - Presence Practice Workshops
 - Personal development
 - Trauma recovery

For more information call 513-681-2122.

Office:

951 W. North Bend Road, Suite A-3
Cincinnati, OH, 45224
(513)-681-2122

www.edgutfreund.com

Somatic Soul Care

*How is your body
revealing what
calls to you from
deep within?*

Ed Gutfreund
P. C., L.M.T., M. Ed., M. Div.